

∞ MARTINEAU GUEST HOUSE ∞

Environmental Policy

At Martineau Guest House we care about the environment. We aim to reduce our carbon footprint and minimise our impact on the environment without compromising the quality of our guest's stay. We have therefore taken steps to manage the business in an environmentally responsible way.

- We conserve energy by using low energy lightbulbs; drying all washing on the line where possible; having thermostats on all radiators; turning off lights when not needed
- We conserve water by all our ensuite rooms having showers with Jetstorm shower heads which use up to 45% less water whilst still giving a powerful showering experience.
- We recycle where possible all glass, paper, tins and plastics
- We compost where possible all kitchen and garden waste using a wormery for much of the vegetable peelings
- We source as much of our food locally to support local producers and reduce food miles. Our free range eggs come from Lintz Hall Farm in Burnopfield; our meat comes from Rothbury Family Butchers; our fish is from the North Shields Fishquay; and our bread and scones are homemade at the guest house using organic flour from Gilchesters organics and the berries for our jams from Brockbushes pick your own farm.
- All our teas, coffee, hot chocolate and sugar are Fairtrade products
- We reduce packaging by having fresh milk in reusable containers for guest rooms; butter portions cut from 250g packs; sauces decanted into small washable pots
- We provide guests with re-usable bags they can borrow to reduce the use of plastic bags
- We support the local economy using only local businesses for any repairs and maintenance work required at the guest house.
- We encourage guests to leave their cars and use the excellent local transport services for days out. To facilitate this guests can purchase a daily permit for their car for 50p
- To protect the environment many of our cleaning products are phosphate free

Whilst staying at Martineau Guest House there are a number of ways you can help us maintain our environmental policy.

- Place all newspapers, bottles and cans in the recycling box in your room. It will be emptied daily
- On leaving your room please switch off all lights
- After having a shower please switch off the isolator switch
- Only towels put in the shower will be changed
- Use local public transport if possible. We are 5 minutes walk from Tynemouth Metro station with trains to Newcastle, the airport, Sunderland and South Shields. The number 306, 1 and 2 busses all go to Newcastle with bus stops less than 2 minutes from the Guest House.